



CLASS 5

GREEN habitat

APPLE BOOK COMPANY

ENVIRONMENTAL STUDIES



Contents

1.	Nutritious Food	▶	5
2.	Water : Key to Life	▶	13
3.	Be Careful	▶	21
4.	Helping Hands (First Aid)	▶	29
5.	Diseases and Prevention of Diseases	▶	38
6.	Development in Medical Science	▶	49
7.	Homes We Live In	▶	58
8.	Clothes People Wear in Different Regions	▶	65
9.	Let's Celebrate Special Days	▶	73
10.	Senses in Animals	▶	79
11.	Reproduction in Plants	▶	90
12.	Food For Plants and Animals	▶	102
13.	Means of Transport of Transport	▶	111
14.	The Use of Maps and Globes	▶	121
15.	Modes of Communication	▶	131
16.	Our Country	▶	140
17.	Our Monuments	▶	149
18.	Adivasi People In India	▶	159
19.	Natural Disasters	▶	166
	Test Paper-1		176

